



I am a disabled woman, both humbly and proudly embodying all the vulnerabilities but also all of the strength that this identity precipitates. For me, one cannot exist without the other, but I had to look in both directions in order to understand that.

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## WRITTEN NEARLY TWO DECADES SINCE HER FILM-ADAPTED BOOK, **MIRACLES HAPPEN: ONE MOTHER, ONE DAUGHTER, ONE JOURNEY**

In **LOOK BOTH WAYS**, Brooke Ellison offers a more mature, more contemplative look at life after the accident that left her paralyzed from the neck down at age eleven. Using personal and, at times, emotionally challenging events in her life as a platform, Ellison compels readers to reflect upon experiences in their own lives and thrive as a result of them.

Exploring topics such as hope, identity, ethics, inclusion, and love as part autobiography and part sociological analysis, Ellison imparts universal truths fueled by the unrelenting spirit of one who refuses to be defined by a single event in her life, but chooses to be defined by all of them.

### ADVANCED PRAISE

**“An incredible mix of storytelling and advocacy. A fantastic and thought provoking read.”**

**- Mark Pollock, Explorer, Speaker & Collaborator**

### ABOUT THE AUTHOR

Brooke Ellison, PhD is an Associate Professor of health policy and medical ethics at Stony Brook University. Following a car accident that left her paralyzed from the neck down and dependent on a ventilator at age eleven, Ellison graduated from Harvard University in 2000; received her Master's degree in public policy from Harvard's Kennedy School of Government in 2002; ran for New York State Senate in 2006; granted an honorary degree from Rutgers University in 2011; chosen to be a World Economic Forum Young Global Leader in 2014; joined the Board of Directors of the New York Civil Liberties Union in 2017; was chosen to be a Truman National Security Project Political Partner in 2018; and was appointed to the Suffolk County Human Rights Commission in 2020. Her first book, *Miracles Happen* (2002), was adapted into a movie directed by Christopher Reeve titled *The Brooke Ellison Story*. She lives in Stony Brook, New York, with her family.

